

# YOUTH SPORTS

## Youth Sports Mission Statement

"It is the mission of the Parks and Recreation youth sports programs to serve young players, their families and the Jefferson City community at large by providing fun, safe and enjoyable youth sports experiences by recognizing each player's physical and emotional well-being, by teaching skills development, by treating them with respect and dignity, by encouraging positive parent involvement and by enriching young lives with meaningful recreation and socialization."

## NYSCA Coaches Certification

The National Youth Sports Coaches Association (NYSCA) is a non-profit organization which strives to improve the youth sports experience for youth under the age of 16. The NYSCA coaches certification program is aimed at making volunteer coaches aware of their responsibility as a coach in the psychological needs of children, safety and conditioning, organization of practices, and teaching proper techniques. Certification in the National Youth Sports Coaches Association (NYSCA) program is not mandatory for all 5th grade football, softball, and basketball managers, but is highly recommended. This program is mandatory for NFL Flag Football managers. The clinics are scheduled on the following dates:

### Flag Football & Girls Softball

August 17, 2009: 6:30-9 p.m. - or - on-line course: [www.nays.org](http://www.nays.org)

### 5th Grade Basketball

on-line course: [www.nays.org](http://www.nays.org)

### 6th Grade Basketball

on-line course: [www.nays.org](http://www.nays.org)



The clinics will be held at the Parks and Recreation office, 427 Monroe Street. You must attend the appropriate session in order to meet your requirement to become NYSCA certified. Please call Angie Toebben at 634-6491 to register for the clinic of your choice.

## Let's Keep Violence and Negative Behaviors Out of Youth Sports Together we can make it happen.

Time Out! for Better Sports for Kids is an initiative to inspire changes in youth sports programs that begin with parents like you. It's about discovering a whole new way to make youth sports a more positive experience for everyone involved. The National Alliance for Youth Sports has initiated Time Out! for Better Sports for Kids to help adults learn more about what they can do to provide a safe sports environment for kids and to inform them about the resources that are available to them. The Alliance, a non-profit organization founded in 1981, provides communities throughout the nation with simple, powerful programs that can help transform your child's sports environment.

The Department of Parks and Recreation participates in most of the following programs. What are other leagues/organizations doing? *It's time to raise the standards of children's sports!*

