

# Jefferson City Parks and Recreation 1<sup>st</sup> Grade NFL Flag Football 2009

8/20/09

**DAY: Tuesday Evenings**

**FACILITY: Optimist Sports Complex - Field A (next to road) & Field B (next to creek)**

1.	"Cardinals"	Bryan Heckman	659-7290/751-3840
2.	"Cowboys"	Billy Jeffries	634-7220
3.	"Packers"	Jerry Rosslan	632-7078/338-6204
4.	"Bears"	James Parks	636-8298/751-1000
5.	"Rams"	Bill Patterson	636-4461/893-5977
6.	"Chiefs"	Heath Higgins	796-3301/761-3343
7.	"Giants"	Brad Stockman	659-4717/619-7784
8.	"Bengals"	Tom Chapman	353-4483

		Sept. 8		Sept. 15		Sept. 22		Sept. 29		Oct. 6	
		"A"	"B"	"A"	"B"	"A"	"B"	"A"	"B"	"A"	"B"
6:00 p.m.		5-6	7-4	3-4	8-6	1-2	4-6	7-5	2-3	1-3	5-8
7:00 p.m.		3-8	2-1	1-7	2-5	8-5	3-7	6-1	4-8	4-2	6-7
		Oct. 13		Oct. 20		Oct. 27		Nov. 3		Nov. 10	
		"A"	"B"	"A"	"B"	"A"	"B"	1 <sup>st</sup> make-up date		2 <sup>nd</sup> make-up date	
6:00 p.m.		3-6	2-7	8-2	1-5	7-8	4-1				
7:00 p.m.		5-4	8-1	7-3	6-4	6-2	5-3				

- The first rain date for this league will be Nov. 3 and the second rain date is Nov. 10. If additional rain dates are needed, they will be announced.
- Jerseys are reversible. Teams listed first on the schedule will wear light side out. Teams listed second on the schedule will wear dark side out.
- Games canceled due to inclement weather will be rescheduled. For information regarding cancellations, call the Parks and Recreation hotline at 634-6485. Decisions will be made after **4 p.m.**
- Games are played to 40 minutes running time. Teams change sides after the first 20 minutes.
- Teams must field a minimum of four players at all times.
- There are no kickoffs, and no blocking is allowed.
- Scoring: Touchdowns = 6 points. Extra points: 1 point (played from 5-yard line) or 2 points (played from 12-yard line). Safety = 2 points.
- **Cleats are allowed, except for metal spikes. All players must wear a protective mouthpiece. Official NFL Flag jersey must be worn during play. Jewelry and padding may not be worn.**
- Parents are reminded that only players and coaches are allowed along the sidelines. Bleachers will be provided for each field. Picture taking: please refer to rule modifications!
- This schedule represents the only involvement of the Jefferson City Parks and Recreation Department in this program. Any outside/extra games, including associated travel, scheduled by any of these teams or their representatives are not a part of the Parks and Recreation program or the City of Jefferson. Therefore, we accept no responsibility for such.
- **Friday, September 11**, the participants of NFL Flag Football are invited by the Department of Parks and Recreation to be guests at the Washington Park Ice Arena from 4 - 5:30 p.m. Players will be admitted for \$1 admission and \$1 skate rental! Players must present coupon to receive discount.

**Pets, tobacco products,  
alcoholic beverages,  
weapons and glass  
containers are not allowed  
in the ballpark! Thank**