

Jefferson City Parks and Recreation
4th Grade Mini-League Flag Football 2009

8/20/09

DAY: Wednesday Evenings

FACILITY: Optimist Sports Complex - Field A (next to road) & Field B (next to creek)

1.	"Rams"	Seth Downing	636-3644/214-4397
2.	"Titans"	Mark Mercurio	636-6299/426-6404
3.	"Saints"	Bryan Heckman	659-7290/751-3840
4.	"Packers"	Rick Berendzen	896-9244/636-9114
5.	"Chiefs"	Melanie Fraga	295-4962/645-0717
6.	"Cardinals"	Matt Rimiller	893-8843/442-4537
7.	"Giants"	Mike Hall	635-2093/659-3125
8.	"Cowboys"	Sheldon Lineback	636-5444
9.	"Buccaneers"	Doug Fennewald	761-5348/634-1135
10.	"Bears"	Dave Williams	690-2252/634-6400

	Sept. 9		Sept. 16		Sept. 23		Sept. 30	
	"A"	"B"	"A"	"B"	"A"	"B"	"A"	"B"
5:45 p.m.	2-1	3-10	9-5	10-4	6-9	4-2	8-9	5-3
6:45 p.m.	5-8	6-7	3-2	1-7	7-8	10-5	4-1	6-2
7:45 p.m.	9-4	---	---	8-6	3-1	---	---	7-10
	Oct. 7		Oct. 14		Oct. 21		Oct. 28	
	"A"	"B"	"A"	"B"	"A"	"B"	"A"	"B"
5:45 p.m.	10-8	3-6	2-8	7-3	1-10	4-7	7-5	1-6
6:45 p.m.	1-9	4-5	9-10	6-4	5-6	8-3	10-2	9-3
7:45 p.m.	2-7	---	---	5-1	2-9	---	---	8-4

- The first rain date for this league will be Nov. 4 and the second rain date is Nov. 11. If additional rain dates are needed, they will be announced.
- Jerseys are reversible. Teams listed first on the schedule will wear light side out. Teams listed second on the schedule will wear dark side out.
- Games canceled due to inclement weather will be rescheduled. For information regarding cancellations, call the Parks and Recreation hotline at 634-6485. Decisions will be made after **4 p.m.**
- Games are played to 40 minutes running time. Teams change sides after the first 20 minutes.
- Teams must field a minimum of six players at all times.
- There are no kickoffs, and no blocking is allowed.
- Scoring: Touchdowns = 6 points. Extra points: 1 point (played from 5-yard line) or 2 points (played from 12-yard line). Safety = 2 points.
- **Cleats are allowed, except for metal spikes. All players must wear a protective mouthpiece. Official NFL Flag jersey must be worn during play. Jewelry and padding may not be worn.**
- Parents are reminded that only players and coaches are allowed along the sidelines. Bleachers will be provided for each field. Picture taking: please refer to rule modifications!
- This schedule represents the only involvement of the Jefferson City Parks and Recreation Department in this program. Any outside/extra games, including associated travel, scheduled by any of these teams or their representatives are not a part of the Parks and Recreation program or the City of Jefferson. Therefore, we accept no responsibility for such.
- **Friday, September 11**, the participants of NFL Flag Football are invited by the Department of Parks and Recreation to be guests at the Washington Park Ice Arena from 4 - 5:30 p.m. Players will be admitted for \$1 admission and \$1 skate rental! Players must present coupon to receive discount.

**Pets, tobacco products,
alcoholic beverages,
weapons and glass
containers are not allowed
in the ballpark! Thank**