

FREE YOUTH SPORTS EVENTS!

HERSHEY LOCAL TRACK AND FIELD MEET



Sunday, May 17, 2009
2:00 p.m.
Lewis and Clark Middle School

RUN. JUMP.
REACH FOR YOUR BEST!



Participants **must** pre-register at the Parks and Recreation office by 5:00 p.m., Thursday, May 14. Registrations will **not** be accepted at the track on the day of the event. Any changes to registration can be made the day of the event from 1:15 - 1:30 p.m. All participants need to submit a copy of their birth certificate to verify age. Age is determined as of December 31, 2009.

The Hershey Track and Field Youth Program is more than just a track meet. It is an excellent opportunity for boys and girls ages 9-14 to enhance basic running, jumping and throwing skills. Each participant may enter as many as three events. If participating in three events, at least one field event must be included. Running events vary for each age group (50 M to 1600M plus a 4 x 100 M relay). Contact Parks and Recreation for specific running events for your age group. Each age group will have the standing long jump and softball throw for field events. Starting blocks and track shoes or any shoe designated for spikes are not permitted.

All first place finishers at the local level will advance to the State Meet on June 26, 2009 which will be held at Jefferson City High School. State meet winners do not automatically advance to the North American Final. They are placed in a regional pool of state finalists and become eligible to be chosen for the North American Final. Each participant chosen for the North American Final receives an all-expense-paid trip to Hershey, Pennsylvania for four days where a schedule of fun-filled events are enjoyed, including the North American Final meet.

There is no charge to participate!

Parks and Recreation Office: 634-6482

Hotline: 634-6485

Website: www.jeffcitymo.org/parks

AQUAFINA PITCH, HIT AND RUN

Showcase your skills at pitching,
hitting and running

Sunday, April 26, 2009

2:00 p.m.

Vivion Field

in Washington Park!



PITCH - The participant is tested throwing strikes to a designated "Strike Zone" target.



HIT - Allows the youngster to hit a ball off a stationary tee for distance and accuracy.



RUN - The youngster is timed, starting from second base, touching third and then home.

Boys and girls ages 7-14 will compete together in four different age groups (7/8, 9/10, 11/12, 13/14). Age is determined as of July 17, 2009.

All participants need to submit a copy of their birth certificate at all levels of competition to be eligible to compete.

You may pre-register at the Jefferson City Parks and Recreation Department, 427 Monroe Street by 12:00 p.m. Friday, April 24. Registrations will also be accepted at Vivion Field between 1:00 - 1:30 p.m. the day of the event. Winners will advance to the sectional competition with the chance to advance to the Team Championship on June 28 at Busch Stadium and the National Finals. National finalists receive a trip to the 2009 All-Star Game.

For more information, call Angie Toebben at 634-6491.