



# Start Smart Development Programs



Start Smart was developed to assist young children in learning the basic skills necessary for a successful first time experience in organized sports.

It allows children the opportunity to work one-on-one with their parent/guardian and teaches children a variety of basic skills. These programs meet weekly for one hour. The first session for each sport will be a parent informational meeting to introduce the parents to the Parks and Recreation staff and go over the goals and format of the program. Exercises become increasingly more difficult as the class progresses and the children show improvement.

## START SMART BASEBALL

**Skill Stations:** throwing, catching, batting and running/agility.

**Ages:** 3 - 5 year olds

**Equipment Needed:** glove, a Koosh® ball, a soft or plastic bat, and a soft or plastic ball.

**Enrollment Limit:** 28 parent/child groups

**Program Begins:** Wednesday, June 3

**Program Length:** 8 weeks, 7 lessons

**Location:** Ice Arena

**Registration Deadline:** May 6

**Fee:** \$21 \***Late Fee:** \$26

### Order Equipment

If you would like to purchase an individual baseball participant kit instead of providing your own equipment, you may order one through Parks and Recreation. The kit includes: a Koosh® ball, Bat & Ball set, one Glove, and one Participant Manual. Kits will be handed out at the parent meeting.

### **Activity Number:**

122192-1 Baseball Kit \$36

Individual items may be purchased. To order or for price listing, please call 634-6491.

### **Activity Number:**

122191-1	Wednesday
122191-2	Wednesday
122191-3	Wednesday
122191-4	Wednesday

### **Day:**

### **Time:**

10:00 a.m.
4:30 p.m.
5:45 p.m.
7:00 p.m.



## START SMART SOCCER

**Skill stations:** kicking, dribbling, trapping and throw-ins and agility.

**Ages:** 3 - 5 year olds

**Equipment Needed:** one size 3 soft soccer ball, one size 3 soccer ball, one set of youth shin guards and four soccer cones.

**Enrollment Limit:** 28 parent/child groups

**Program Begins:** Wednesday, April 8

**Program Length:** 8 weeks, 7 lessons

**Location:** TBA

**Registration Deadline:** March 9

**Fee:** \$21 \***Late Fee:** \$26

### Order Equipment

If you would like to purchase an individual soccer participant kit instead of providing your own equipment, you may order one through Parks & Recreation. The kit includes: Teslon Soccer Ball (Size 4), Franklin Official Soccer Ball (Size 3), youth shin guards, four soccer cones & Participant Manual. Kits will be handed out at parent meeting.

### **Activity Number:**

342192-1 Soccer Kit \$36

Individual items may be purchased. To order or for price listing, please call 634-6491.

### **Activity Number:**

342191-1	Wednesday
342191-2	Wednesday
342191-3	Wednesday
342191-4	Wednesday

### **Day:**

### **Time:**

10:00 a.m.
4:30 p.m.
5:45 p.m.
7:00 p.m.



## START SMART FOOTBALL

**Skill stations:** throwing, catching, kicking/punting, and running/agility/flag pulling.

**Ages:** 4 - 6 year olds

**Equipment Needed:** a mini football, flag belt, four cones and a kicking tee.

**Enrollment Limit:** 20 parent/child groups

**Enrollment Minimum:** 10

**Program Begins:** Wednesday, September 2

**Program Length:** 8 weeks, 7 lessons

**Location:** Optimist Sports Complex

**Registration Deadline:** August 7

**Fee:** \$21 \***Late Fee:** \$26

### Order Equipment

If you would like to purchase an individual football participant kit instead of providing your own equipment, you may order one through Parks and Recreation. The kit includes: one mini football, one red or yellow flag belt, four cones, one kicking tee and a Participant Manual. Kits will be handed out at the parent meeting.

### **Activity Number:**

422192-1 Football Kit \$26

Individual items may be purchased. To order or for price listing, please call 634-6491.

### **Activity Number:**

422191-1	Wednesday
422191-2	Wednesday
422191-3	Wednesday

### **Day:**

### **Time:**

10:00 a.m.
5:45 p.m.
7:00 p.m.

